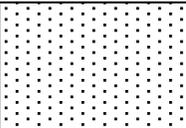
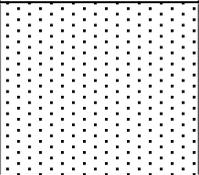
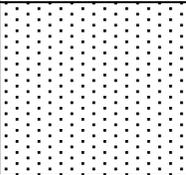
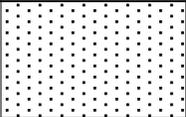
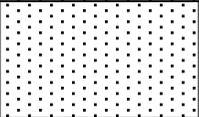
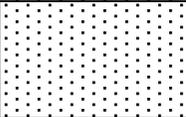
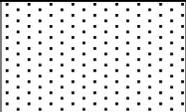
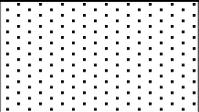
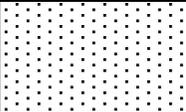


Class Type	Payment Options				What can I use it for?	What do I need to do?	What happens if I can't make my weekly class?	Am I booked into the same classes every week?	What if I don't want to attend the same class every week?
1 Class per week	Direct Debit/ <u>1 class per week/matwork pilates & Yoga</u> /£32 per month	Direct Debit/ <u>1 class per week/Pilates Equipment</u> /£36 per month	Also see the 'Class Pack' options below which allow you to attend 1 class a week without a Direct Debit. However you will need to re-book into your class every 6/12 weeks.		Any 1 Pilates matwork or Yoga class per week (you will attend the same class every week)	Set up Direct Debit online & let us know which class you want to make your recurring booking & that's it!	Log into your TeamUp account, book yourself out of your class & book in for a catch up class anytime that month (subject to availability) You must cancel your class at least 6 hours before it starts.	Once your recurring booking is set up - YES. Your space is guaranteed forever!	That's absolutely fine, we wouldn't set up a recurring booking. You would manage your account on-line and would be eligible to attend 1 class a week which you would book yourself into up to 6 hours before the class starts. (Subject to availability as you wouldn't be guaranteed a place in any class)
2 Classes per week	Direct Debit/ <u>2 classes per week/matwork pilates & Yoga</u> /£60 per month	Direct Debit/ <u>2 classes per week/Pilates Equipment</u> /£68 per month	Direct Debit/ <u>2 classes per week/1 Pilates Equipment & 1 matwork pilates & Yoga</u> /£64 per month	Also see the 'Class Pack' options below which allow you to attend 2 classes a week without a Direct Debit. However you will need to re-book into your class every 6/12 weeks.	Any 2 Pilates matwork or Yoga class per week (you will attend the same classes every week)	Set up Direct Debit online & let us know which class you want to make your recurring booking & that's it!	Log into your TeamUp account, book yourself out of your class & book in for a catch up class anytime that month (subject to availability) You must cancel your class at least 6 hours before it starts.	Once your recurring booking is set up - YES. Your space is guaranteed forever!	That's absolutely fine, we wouldn't set up a recurring booking. You would manage your account on-line and would be eligible to attend 1 class a week which you would book yourself into up to 6 hours before the class starts. (Subject to availability as you wouldn't be guaranteed a place in any class)
Antenatal/Postnatal Pilates	6 class pack/Antenatal & Postnatal /£60 (valid for 8 weeks)	12 class pack/Antenatal & Postnatal /£114 (valid for 14 weeks)			Any Antenatal or Postnatal Pilates class	Purchase a class pack. Then either, 1. Make a recurring booking & attend the same class/classes every week - you need to let us know your chosen class. Or 2. Attend as many classes a week as you like (for as long as your pack is valid) you will add yourself into your chosen classes directly through your TeamUp account online. 3. Re-purchase a new class pack when your credits are low.	Log into your TeamUp account, book yourself out of your class & book in for a catch up class (subject to availability) You must cancel your class at least 6 hours before it starts or you will lose a class credit.	Once your recurring booking is set up YES. But everytime your credits expire you need to re-purchase and set up another recurring booking.	That's absolutely fine, we wouldn't set up a recurring booking. You would manage your account on-line and would be eligible to attend 1 class a week which you would book yourself into up to 6 hours before the class starts. (Subject to availability as you wouldn't be guaranteed a place in any class)
Tai Chi	6 class pack/Tai Chi /£24 (valid for 8 weeks)				Any Tai Chi class (you will attend the same class every week)	Purchase a class pack. Then 1. Make a recurring booking & attend the same class every week - you need to let us know. 2. Re-purchase a new class pack when your credits are low.	Log into your TeamUp account, book yourself out of your class & book in for a catch up class (subject to availability) You must cancel your class at least 6 hours before it starts or you will lose a class credit. There is a surcharge for you to attend a catch up class (varies on class).	Once your recurring booking is set up - YES. But everytime your credits expire you need to re-purchase and set up another recurring booking.	We only have 1 Tai Chi class so you would attend the same class every week
Young Peoples Pilates	6 class pack/Young people pilates /£27 (valid for 10 weeks)				Any young persons Pilates class (you will attend the same class every week)	Purchase a class pack. Then 1. Make a recurring booking & attend the same class every week - you need to let us know. 2. Re-purchase a new class pack when your credits are low.	Catch Up classes are unavailable.	Once your recurring booking is set up - YES. But everytime your credits expire you need to re-purchase and set up another recurring booking.	We only have 1 Young Peoples Pilates class so you would attend the same class every week during Term Time Only.
Class Packs - 6 or 12	12 class pack/matwork pilates & yoga /£90 (valid for 14 weeks)	6 class pack/Pilates Equipment /£54 (valid for 8 weeks)	12 class pack/Pilates Equipment /£102 (valid for 14 weeks)	12 mixed class pack/Pilates Equipment/Pilates matwork/yoga £96 (valid for 14 weeks)	Each class pack is different, check the specific one before booking. You may either, 1. Make a recurring booking & attend the same class/classes every week. Or 2. Attend as many classes a week as you like (for as long as your pack is valid) you will add yourself into your chosen classes directly through your TeamUp account online.	Purchase a class pack. Then either, 1. Make a recurring booking & attend the same class/classes every week - you need to let us know your chosen class/classes. Or 2. Attend as many classes a week as you like (for as long as your pack is valid) you will add yourself into your chosen classes directly through your TeamUp account online. 3. Re-purchase a new class pack when your credits are low.	Log into your TeamUp account, book yourself out of your class & book in for a catch up class (subject to availability) You must cancel your class at least 6 hours before it starts or you will lose a class credit.	Once your recurring booking is set up - YES. But everytime your credits expire you need to re-purchase and set up another recurring booking.	That's absolutely fine, we wouldn't set up a recurring booking. You would manage your account on-line and would be eligible to attend 1 class a week which you would book yourself into up to 6 hours before the class starts. (Subject to availability as you wouldn't be guaranteed a place in any class)